



## Winter Essential Oil Blends

Christmas Spice: 4 Cinnamon, 5 Clove, 3 Orange, 1 Lemongrass

Candy Cane: 4 Peppermint, 2 Spearmint

Gingerbread: 3 Cinnamon, 2 Clove, 1 Nutmeg, 2 Ginger

Sugar and Spice: 10 Orange, 5 Ginger, 8 Cinnamon, 1 Nutmeg

Walk Through the Woods: 2 Myrrh, 2 Pine, 2 Frankincense, 2 Cedarwood

Holiday Joy: 3 Orange, 2 Peppermint, 3 Frankincense

Wise Men's Gift: 3 Orange, 5 Frankincense, 4 Myrrh

Winter Wonderland: 4 Cedarwood, 4 Pine, 3 Orange

Christmas Tree: 5 Fir Needle, 5 Spruce, 5 Cedarwood, 5 Juniper

Spiced Cider: 4 Orange, 3 Cinnamon, 3 Ginger

For more information about how to use essential oils visit: [www.LifeWithLovebugs.com](http://www.LifeWithLovebugs.com).