

# 8 Essential Oil Blends for Spring



Spring is a great time of year to bring light and bright scents into the home! Add one of these essential oil blends to a diffuser, or burner with oil or water. You can also add them to homemade candles or room sprays.

## Springtime

- 2 drops lemon essential oil
- 2 drops grapefruit essential oil
- 2 drops geranium essential oil

## Spring Garden

- 1 drop basil essential oil
- 2 drops peppermint essential oil
- 2 drops lime essential oil

## Fresh & Clean

- 4 drops grapefruit essential oil
- 3 drops peppermint essential oil
- 3 drops clary Sage essential oil

## Breath of Fresh Air

- 2 drops lemongrass essential oil
- 2 drops lavender essential oil
- 2 drops eucalyptus essential oil

## Spring Cleaning

- 2 drops lavender essential oil
- 3 drops lime essential oil
- 3 drops lemon essential oil
- 2 drops rosemary essential oil

## Relax

- 3 drops grapefruit essential oil
- 3 drops orange essential oil
- 2 drops lemon essential oil
- 1 drop bergamot essential oil

## Stress Relief

- 3 drops eucalyptus essential oil
- 3 drops spearmint essential oil

## Motivation

- 2 drops black pepper essential oil
- 2 drops lime essential oil
- 2 drops orange essential oil
- 2 drops frankincense essential oil